



PENNCROSS KNOLL

Views

January | 2019

The Newsletter of the Penncross Knoll Homeowners Association

Drive Safely... It's Winter Time!

Throughout the winter, especially during adverse conditions, motorists should practice basic winter driving skills and build extra time into their schedules. As part of Illinois' "Winter Weather - Get it Together" campaign, all travelers are encouraged to follow these simple rules and tips.

- Always wear a seat belt. It's the law in Illinois.
- Slow down. Slower speeds, slower acceleration, slower steering and slower braking all are required in winter conditions.
- Drop it and drive. Put down the handheld devices - It too is the law in Illinois.
- Don't crowd the plow. A snowplow operator's field of vision is restricted. You may see them, but they may not see you.
- Avoid using cruise control in snow and ice.
- Watch out for black ice on roads. A road surface may appear clear, but can be treacherous.
- Be especially careful approaching intersections, ramps, bridges and shady areas. All are prone to icing.
- Do not travel during bad weather unless absolutely necessary. If you do have to make a trip, check the forecast and make sure someone is aware of your travel route. Become familiar with local public transportation options.
- Prepare an emergency kit that contains jumper cables, flares or reflectors, windshield washer fluid, a small ice scraper, traction material, blankets, non-perishable food and a first-aid kit.
- Carry a cell phone and a car charger in case of emergency. For emergency assistance in the Chicago area, call *999.
- Give them distance. Obey the Move Over Law by slowing down and changing lanes when approaching ANY vehicle with flashing lights.
- For a list of suggested maintenance for your car, visit the National Highway Transportation Safety Administration's winter driving website.



At any time, motorists can check statewide travel conditions by visiting the new and improved www.gettingaroundillinois.com.

Arrive Alive!

www.penncrossknoll.com

Dear Editor

Articles, classified ads and written submissions for the Penncross Knolls Views newsletter are to be submitted to Jan Foster by the 15th day of February, April, June, August, October and December.

The Penncross Knoll Views newsletter is a bi-monthly publication for the homeowners. Newsletters are mailed to residents in January, March, May, July, September and November.

EDITOR

Jan Foster

fosterpbs@msn.com

Classified ads are free to all Penncross Knoll residents. A classified ad is something to sell, looking for something to buy, lost items, found items, or in need of childcare, etc. All other advertising should be addressed to our publisher, Preferred Business Services as identified below.

COMMERCIAL DISPLAY ADVERTISING DEADLINE 15th of each month



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A Safer Naper – Seasonal

Safety

As part of this month's "A Safer Naper" focus on seasonal safety, the Naperville Police Department would like to turn the pen over to the Fire Department to discuss fire prevention.

In winter, many residents will turn to alternative sources to offset home heating costs, and it is important to take note of safety practices to minimize the risk of fire and serious injury. Heating equipment is the leading cause of home fires during the months of December, January and February, and trails only cooking equipment in home fires year-round, according to the National Fire Protection Association (NFPA).

While home heating fires can be frightening, nearly all of them are preventable. Here are some simple home heating safety tips to help keep residents and our community safe and warm this winter.

- Have your chimney inspected each year and cleaned if necessary.
- Have your furnace cleaned and inspected every year.
- Allow fireplace ashes to cool for 48 to 72 hours before disposing. Dispose of ashes in a metal container.
- **Space heaters need SPACE. Keep all things that can burn, such as paper, bedding or furniture, at least 3 feet away from heating equipment.**
- Turn portable heaters off when you go to bed or leave the room/house.
- Only plug power cords into outlets with sufficient capacity and never plug them into extension cords.
- Inspect for cracked or broken plugs or loose connections. Replace before using.
- Test smoke alarms at least once a month.
- Install and maintain a carbon monoxide detector on every level of your home. If you only have one detector, place it outside of your bedrooms.
- Never use an oven to heat your home.

Don't Toss Defective Christmas Lights

Recycle Them!



The Naperville Park District's 8th annual holiday lights recycling program in partnership with Elgin Recycling, is available through February 1, 2019. Residents and businesses are invited to bring their old, nonworking lights to any of the following locations:

- Alfred Rubin Riverwalk Community Center located at 305 W. Jackson Avenue. Hours of operation are Monday-Friday 8:30 am to 5 pm.
 - Fort Hill Activity Center located at 20 Fort Hill Drive. Hours of operation are Monday-Friday 5 am-10 pm, Saturday 6 am-7 pm and Sunday 7 am-6 pm.
 - Knoch Knolls Nature Center located at 320 Knoch Knolls Road. Hours of operation Monday-Friday 9 am-4 pm and Saturday 10 am-3 pm.
 - Springbrook Golf Course Golf Shop located at 2220 W. 83rd. Street.
 - Recycling options available from the City of Naperville include year-round drop off at the Electronics Recycling Center at 156 Fort Hill Drive Monday through Friday from 7 am-3 pm.
 - Through March 29, 2019, holiday lights can be dropped off for recycling in the lobby at the Public Works administrative offices, 180 Fort Hill Drive during normal business hours of Monday through Friday from 7 am-4pm.
 - A drop-off box is also located in the lower level lunchroom of the Naperville Municipal Center, 400 S. Eagle Street.
- The following types of lights will be accepted: Mini-lights, C-7 lights, C-9 lights, Rope lights, LED lights and extension cords. All colors and lengths will be accepted.

When Snowmageddon Hits, Just Don't Make it Worse by Shoveling



Think first. Just don't shovel snow if you are 45 or over.

According to Popular Science, shoveling snow isn't mere exercise. It is uniquely challenging to the heart,

causing blood pressure to rise and oxygen to drop. In addition, it is done in the cold, which means an increased chance of heart blood vessel constriction.

Don't imagine you are protected because you are a jogger or runner. The demands put on the heart while shoveling snow are much higher than with those activities. Still, it is better to be in shape than out of shape when you shovel snow.

If you absolutely must shovel snow, then follow these guidelines:

1. Warm up with some light stretching and movement.
2. Don't smoke! You are going to need all

the oxygen your body can get.

3. Eat lightly before shoveling. Large meals put a strain on your heart.
4. Dress in layers.
5. Plan to stop shoveling frequently. Go in and get warm.
6. Push the snow, don't lift it.
7. If you must lift snow, at least use a small shovel. Those wide shovels are best for pushing. Use a small, steel shovel. Don't constantly try to throw snow. Instead, turn small amounts over in a pile.
8. Don't drink alcohol before or after shoveling.
9. Consider buying a snow blower instead.

Pet Tales

By the Naperville Area Humane Society



One-Day Camp on MLK Jr. Day!

Hey Kids! Join us on January 21st from 9 am - 12 pm for a one-day camp experience in honor of Martin Luther King Jr.! To celebrate his work, this camp focuses on animal welfare and wellbeing. Children will learn about various human-animal interactions while creating enrichment puzzles for the animals.

Who: All children ages 8 to 11 welcome!

Where: Naperville Area Humane Society, 1620 W Diehl Rd., Naperville, IL 60563

When: January 21st from 9 am-12 pm

Registration fee is \$50 per student (3% online fee & \$10 cancellation fee)

Register online at www.naperhumane.org/one-day-camps or call 630-420-8989x1006 for more information.

Adoptable PETS of the MONTH...



Ellie Mae | Female | 6 Years Old

I'm what's lovingly referred to as a low-rider. I'm a medium-sized dog, but close to the ground. I'm at NAHS because my human companion passed away, and there was no place else for me to go. I like to play, and I really enjoy long walks. I'm also pretty busy and curious, so toys requiring me to use my brain are a must. I tolerate/like some dogs, and I might be good with a dog-savvy cat. I can be mouthy and jumpy at times, so kids in my new home should be a little older.



Bartleby | Male | 8 Years Old

Hey, I'm Bartleby. Everyone talks about the distinct markings on my face, but I already know I'm handsome. The best part is, I don't even have to work hard for my perfect physique. My workout consists of finding the best place to take a nap and staying there until I feel a new spot would suit me better. Though I am often quiet and independent, I am very loyal to those who care for me. I prefer to be the only pet in my future home and might do well with older children (8 years+). Not only did I luck out with good looks, but my adoption fee is waived thanks to the Lucky 7 Fund!

the happy gardener

Article Source: Becca Massat
The Growing Place

Cold temperatures and snow can be good for your garden. A thick layer of snow insulates plants and gives a ready water source when it thaws. We may bundle up warm and cozy when the temperature gets icy, but research shows there are fewer pests and diseases after negative temperatures settle in over several nights. Winter is a good time to view your yard from the indoors out and plan how to enhance your outdoor living space for maximum beauty all year long. Here are 5 questions to ponder while you sip your hot chocolate by the fire.

1. Are there blank spaces in my landscape design?

- Put your coat and boots on and walk your yard taking many pictures. View them indoors and look through the eyes of a guest to your home. Now think of what you would like to add that makes your yard more welcoming. Maybe it is time to remove overgrown shrubs, plant a tree for more shade or add containers where nothing will grow.

2. Is my landscaping safe from animal damage?

- Shrubs are very tasty when food supplies are limited. Use chicken wire to ward off rabbits. They especially like Dwarf Burning Bush, Korean Spice Viburnum, Barberry, Quince, Chokeberry, and Roses. Tree wrap works against deer, voles,

and rabbits nibbling bark on young trees.

3. Could the yard use more year-round color?

- Evergreens, whether they are trees, shrubs or groundcover, give rich color and a feeling of warmth during these months. Red twig dogwood adds color against the snow and gives a backdrop to perennial grass plumes blowing in the wind.

4. Is everything covered by a blanket of white?

- A landscape with a variety of heights, density, and forms gives you something to look at and provides a natural barrier between houses. Shrubs with fruit or exfoliating bark add to winter interest as they peak above a heavy snowfall. Perennial grasses, sedums, and rudbeckia look beautiful glistening in the sun on a snowy day and they provide food for birds.

5. What birds do I hear singing?

- Watching birds and listening to their songs is a relaxing hobby for many homeowners. Including plants with fruit, seeds, berries, and cones is essential, and plants that form seeds at different times of year provide a lasting refuge. Dense shrubs, evergreens, and trees provide shelter and roosting spots. Add a birdhouse or heated birdbath for more backyard bird watching antics.



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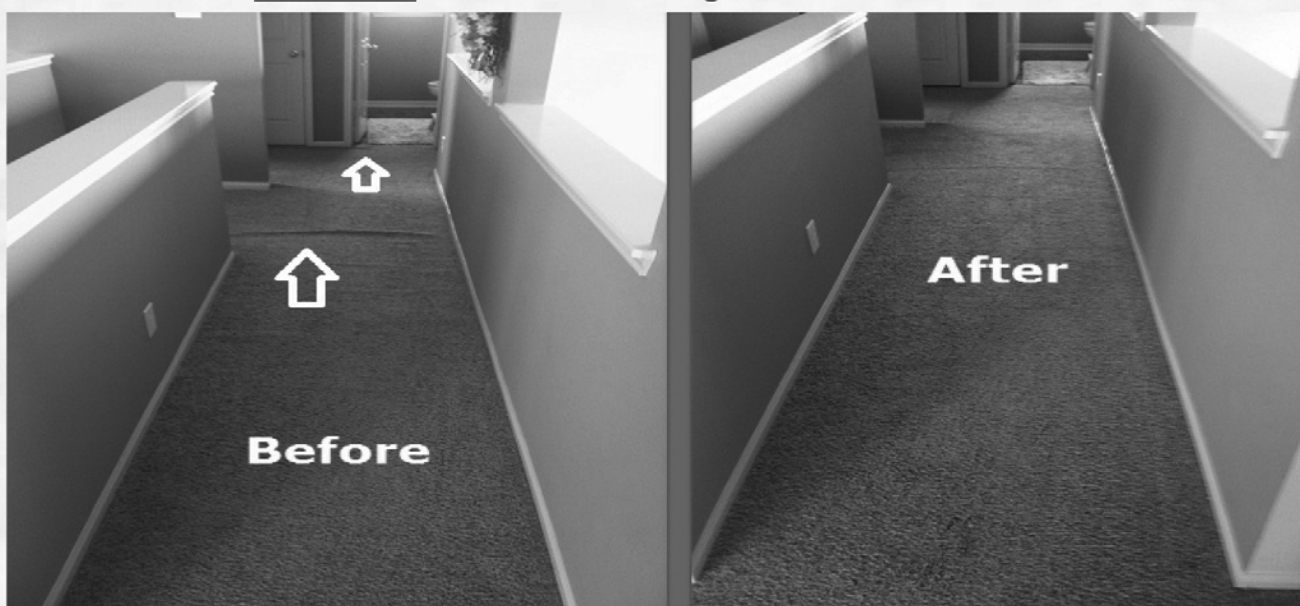
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